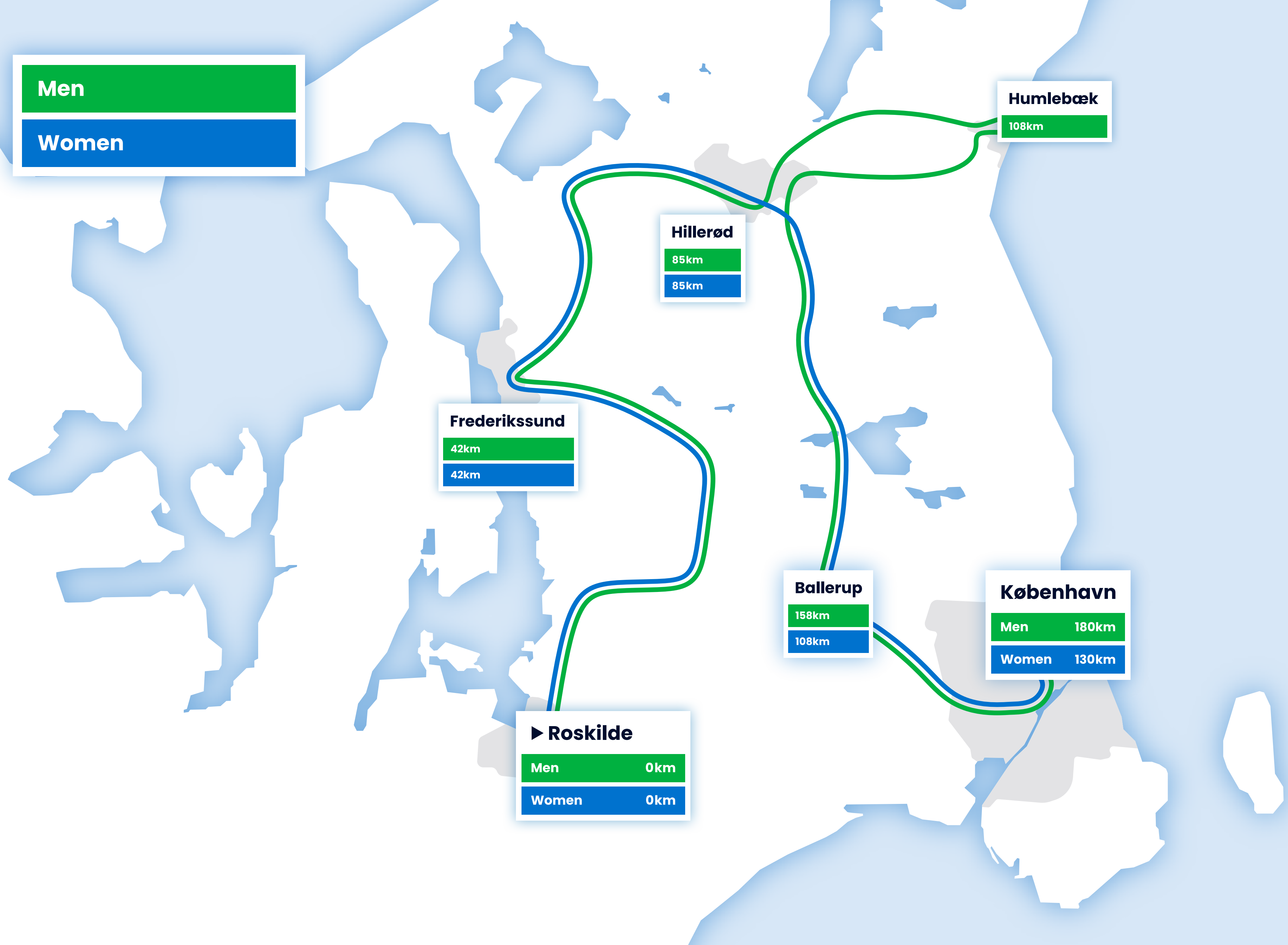


Men
Women



▶ Roskilde	
Men	0km
Women	0km

Frederikssund
42km
42km

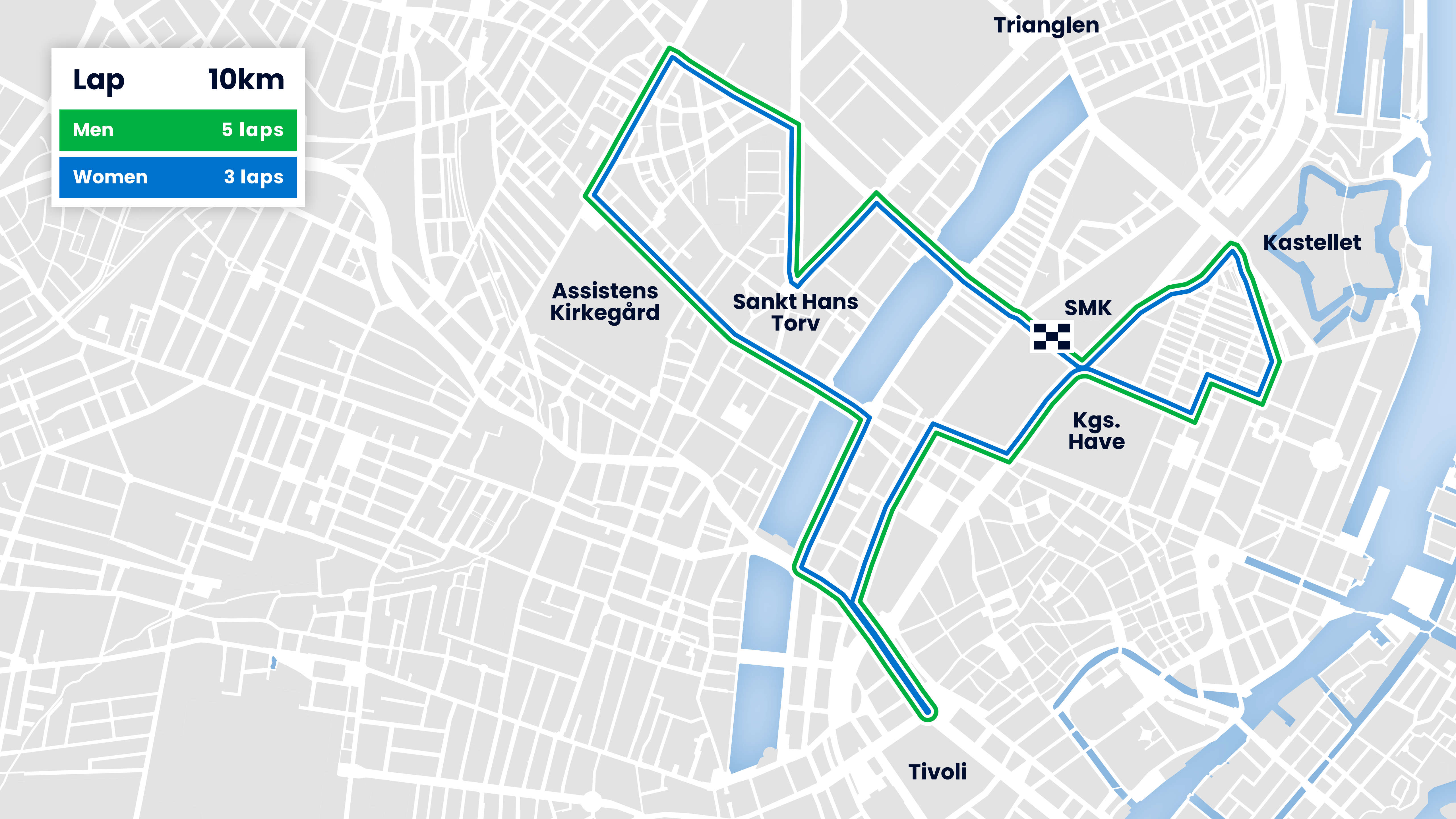
Hillerød
85km
85km

Humlebæk
108km

Ballerup
158km
108km

København
Men 180km
Women 130km

<b>Lap</b>	<b>10km</b>
<b>Men</b>	<b>5 laps</b>
<b>Women</b>	<b>3 laps</b>



Trianglen

Kastellet

Assistens Kirkegård

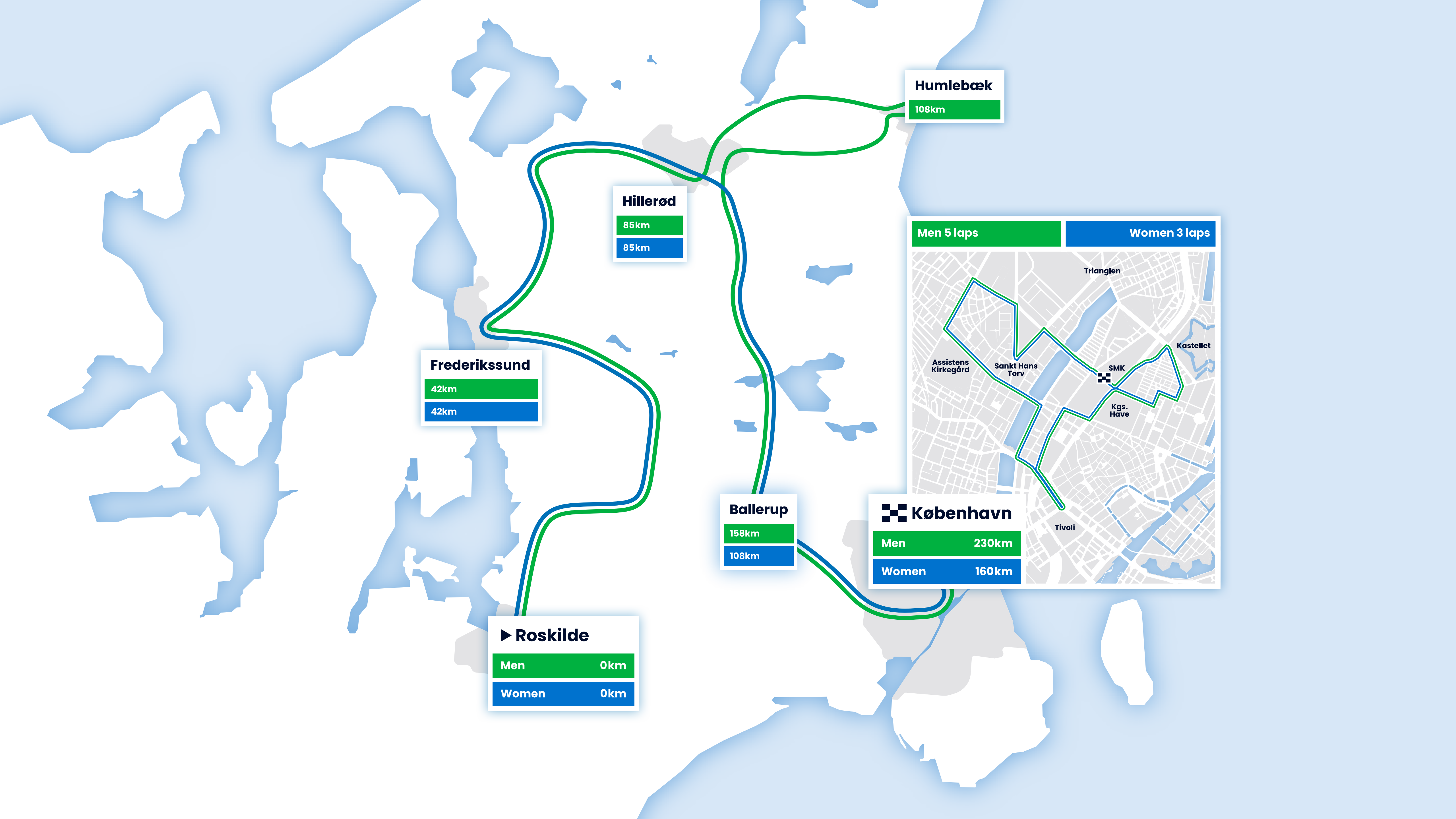
Sankt Hans Torv

SMK

Kgs. Have

Tivoli





**► Roskilde**

Men	0km
Women	0km

**Frederikssund**

42km
42km

**Hillerød**

85km
85km

**Ballerup**

158km
108km

**Humlebæk**

108km
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**København**

Men	230km
Women	160km

<b>Men 5 laps</b>	<b>Women 3 laps</b>
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